

Harness **P**ersonality within **U**rself

Have you ever wondered what type of person you are? What kind of traits you have that could better yourself in your workplace? Or maybe what characteristics you want to improve on to better yourself in your workplace? Perhaps the first question to ask is, do you know what type of personality you have? Occupational wellness deals significantly with the type of personality you have. This free “What’s Your Personality?” assessment is a way to help to understand what type of personality you have and how your behaviors can best work with others. In this fun assessment, participants will test on four different colors, gold, green, blue, and orange, with each color detailing a distinct personality.

If you would like to understand better who you are, below is the link to the assessment on SurveyMonkey©.

<https://www.surveymonkey.com/r/wypcolorsassessment>

Password is: TrueColors2021

These are the explanation of the categories of personalities in the four colors:

Greens	Oranges
<ul style="list-style-type: none"> ■ Are innovative and logical ■ Seek to understand the world ■ Need to be competent ■ Require intellectual freedom ■ Are curious ■ Question authority ■ Push themselves to improve ■ Seek perfection in play ■ May become intellectually isolated ■ Are slow to make decisions ■ Value concise communication ■ Look for intellectual stimulation ■ Enjoy intriguing discussions ■ Are sometimes oblivious to emotions ■ Are detached ■ Believe work is play ■ Are drawn to technical occupations ■ Analyze and rearrange systems ■ Focus on the future ■ Bring innovation to society 	<ul style="list-style-type: none"> ■ Are free and spontaneous ■ Are impulsive risk-takers ■ Are active ■ Are optimistic ■ Resist commitment ■ Can become virtuosos ■ Thrive on crises ■ Are drawn to tools ■ Like to be the center of attention ■ Have great endurance ■ Are drawn to action jobs ■ Need variety ■ Are dynamic, animated communicators ■ Are competitive ■ Deal with the here and now ■ Are bold in relationships ■ Are generous ■ Have difficulty finding acceptance ■ Like to live in a casual atmosphere ■ Bring excitement to society
Golds	Blues
<ul style="list-style-type: none"> ■ Are dutiful and stable ■ Need to be useful ■ Want to be self-sufficient ■ Value organization ■ Desire punctuality ■ Schedule their lives ■ Make and keep commitments ■ Measure worth by completion ■ Are goal-oriented ■ Value rules ■ Prepare for the future ■ Are inclined to join groups ■ Believe work comes before play ■ Safeguard tradition ■ Prefer order and cleanliness ■ Are responsible and dedicated ■ Are drawn to respected occupations ■ Enjoy positions of authority ■ Desire structure ■ Bring stability to society 	<ul style="list-style-type: none"> ■ Are in search of themselves ■ Need to feel unique ■ Must be true to themselves ■ Look for symbolism ■ Value close relationships ■ Encourage expression ■ Desire quality time with loved ones ■ Need opportunities to be creative ■ Compromise and cooperate ■ Nurture people, plants and animals ■ Look beyond the surface ■ Share emotions ■ Make decisions based on feelings ■ Need harmony ■ Are adaptable ■ Are drawn to literature ■ Are drawn to nurturing careers ■ Get involved in causes ■ Are committed to ideals ■ Bring unity to society

<http://hsgd.org> (Head Start of Greater Dallas)

<http://four-types.blogspot.com/2015/02/true-colors-blue-orange-gold-green.html>

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If you participated in the assessment, below is the link to a short survey evaluation. Please take to improve our wellness! Your time is greatly appreciated.

<https://www.surveymonkey.com/r/wypsurveyevaluation>

If you would like to learn more about the personality colors, here are other links for more information:

<https://truecolorsintl.com/the-four-color-personalities/>

<https://thecolorofmypersonality.com/>